



# H.S.A Newsletter

jan -2018

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# Winter Camp

The Winter Camp 2018, Organized by Human Supporters Association and included 30 children age 8-12 years and four corners :( Hand craft ,First Aid ,photography ,games group) .

In the last days in winter camp Children went to the park and played many games and cleaned the park .

The children has expressed how happy the are in the camp , at the end of winter camp it has been a party for then and they got the certificate and took a photo together .





## “ Emotion regulation workshop for children ”

Between 14th and 18th of January 2018 Polish EVS volunteer conducted emotion education workshop for children .  
Through art, different games and discussions children could learn how to recognize and better understand own emotions .

Workshop was also opportunity to practice different strategies of coping with stressful situations and express emotions in shadow theatre play created by participants .

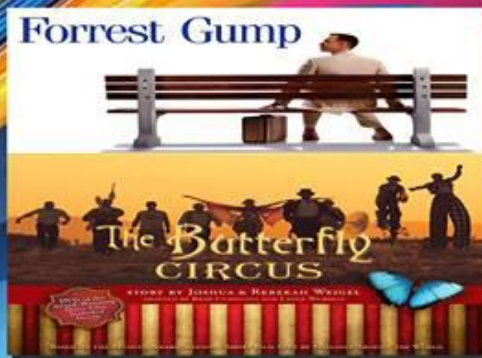




## ” Film club for teenagers ”

The club is aimed at people aged 14-28. It is run by a Polish volunteer. The club's goals are inspiring young people to do something more and develop passions and hobbies. The volunteer shows films that have won many awards such as Oscars and Cannes .

These films often describe the real life of people who didn't succumbed to difficulties and achieved success. For example the Untouchables and the Peaceful Warrior. After watching the movie , there is a discussion .







## ” film club for women ”

It is run by a Polish volunteer. The club is aimed at women over 14 years of age. The club's goals are to activate women and create space for them to meet. During the meetings, members watch the classics of world cinematography, awarded at many film festivals , for example: Breakfast at Tiffany's and The Help.

After watching the movie, there is a discussion, which the aim is to create your own opinion on works of art .



## “ International Delegation ”

Human Supporters Association has welcomed international delegation of 50 persons, and introduce them to the association explaining the foundation of HSA , then some topics about the association had been discussed with the delegation such as the activities they provide to different groups of the society.

Then he introduced the volunteers and their talents, such as the dance boys dabkeh team whom presented some shows and traditional dance

Finally the delegation went in to a tour to the old city .





## “ Training of trainers ”

Human Supporters Association held a training workshop (training of trainers) as a preparatory stage for School Support project .

The group that was targeted in this training will be the responsible as facilitators teachers and volunteers, and during the training several topics were discussed such as time organizing , professional relationship and sitting roles .



## ” Workshop with French Volunteer ”

During two weeks of holidays we have been part of the winter camp, with five corners like the handcraft  
Children have made different things during the first week like a pencils box with empty water bottle .

To continue with the idea of recycling we want with them on to clean a part of one public parc in Nablus .

The second week they have made two posters about the time of of recycling of rubbish. After that we have done some sport during a few days (like pingpong or badminton) .

Every of those activities are going well and we enjoy our time at HSA .





# ” French Day ”

HSA has organized the French cultural day with the cooperation with the french volunteers ( margo & clement ) in which they introduce the french culture, the french music, art ,presidents , the famous athletic literature and french movie . And they put videos for the presentation of the differents famous cities, regions and french islands , At the end of this Event, margo and clement offered some french desserts and food which they kprepare by themselves to the Guests .



# Language FRENCH



Since the beginning of January HSA has provide French classe by french volunteers ( margo & clement ) , They started learn basic ( letters and words) and how to speak it with Pronunciation for volunteers and students from university.



In the beginning it was difficult for them to learn it because it's very different from their language .





# English Language

Since beginning of January HSA provide English classes on two levels. Once per week there are conversations for students where they can practice speaking and communication skills and once per week there are classes for children where they can learn basic grammar and vocabulary .

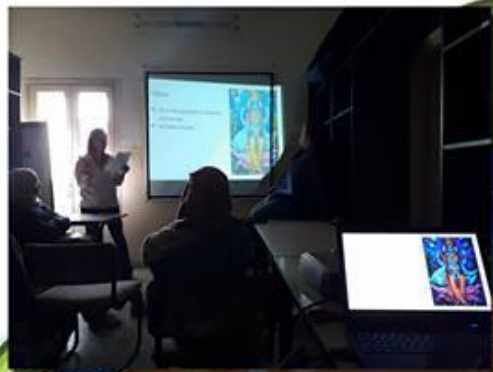


## “ Political club ”

The Political Club takes place every Sunday and lasts over two hours .  
The club is run by a Polish volunteer, The goals of Club are developing knowledge about world, people from different countries and understanding global political system, Polish volunteer wants to develop own opinion of listeners about world .

During the club meetings members talked about the world's largest religions: Christianity .

Hinduism, Buddhism, Judaism and the organization of United Nations. Meetings are open to all ages .





## “ First Aid ”



During Winter camp one of evs volunteer organized first aid workshop, Children had possibility to learn how to call ambulance police and firefighters, how to react in different situations and practice applying different kinds of wound dressings . At the end of workshop participants could meet and talk with paramedics their work and visit ambulance .