

# H.S.A Newsletter

November 2019

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## Voice of freedom

Our music initiative that started in October still continues to offer interactive music sessions every Tuesday that enhance the creativity skills of the children. The kids are now, with the help of musical games, vocal practices and rehearsals, preparing for their show!!! The show will take place on the Thursday 19th December at the Gate Café at 2: 20 PM! They will perform songs in English, Arabic and French and even a song they wrote called "Hurriyeh". Come along to support children's talents .





## BIG SUPPORT for our WINTER CAMP 2020

In September, Leila, our EU AID Volunteer, organized, with the help of her friends a fundraising event in London to support of Human Supporters Association .

With the help and generosity of the people in London, they raised 1194 €!! We would like to give a BIG thank you to all the people who donated at the "Kaleidoscope" event. This means a lot to us! The funds will be used :

- To support the music project "Voice of freedom": buying wardrobe for the instruments and music equipment & organising the performance .
- To help funding the WINTER CAMP 2020 than will benefit more 60 children

### Would you help Palestinians Children to have fun this winter ?

From the 7th January until 13th January 2020, Human Supporters Association will held the 10th edition of its Winter Camp and need your support to make it happen

The Winter Camp project will happen during Winter School holidays and aims at alleviating the feeling of isolation and improve the well-being of the children from poor and vulnerable families living in the district of Nablus (West Bank). The goal is to allow these children to access recreational opportunities in a safe space through the implementation of educational, psycho-social and recreational activities

We are almost there to make this project happen. But we still need a little bit of your help.

### Would you help Palestinians Children to have fun this winter ?

You can donate on this page .

<https://www.gofundme.com/f/winter-camp-for-children-in-palestine>

Please don't hesitate to share it with your friends and family as well

Thank you so much

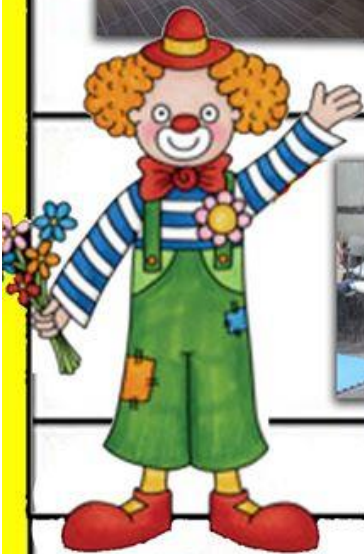


## Workshop For Children **CIRCUS**



HSA continues to provide “Circus” workshop for children between 10-14 years every Thursday at 3:30 Pm.” delivered by the trainer “mohamad jinawi”.

The children have been learning the basic of circus, and started do many exercises. They have been enjoying practicing what they learnt at their home and with friends. The aims are to teach children a new art form, to release their energy and to express themselves. The children enjoy, learn new acrobatic skills and try to develop.



# Arabic Language

" Olivier ,Leila, Solene, Anna Volunteers "



HSA continues to provide Arabic language classes for European volunteers by " Arabic teacher Manar " .



The teacher is very happy to see the volunteers learning the language easily. They started practicing it with children during their activities and with people everywhere. They are happy to learn new language even though it might be difficult for them .They have different levels . The EVS volunteer " Olivier " can write in Arabic good and speak . The EU Aid volunteer " Leila " has reached a good Conversation level .

The EVS volunteer " Solene " learned vocabulary's before, and started to learn how to Write and read in Arabic. She is now learning the alphabet and is writing simple words .





# English Language

Hello....  
what is your name?

How are you ?

Where are you from ?



Leila , our EU Aid Volunteer continues to provide English Classes every Wednesday at 2:30 PM. The class is now welcoming mixed levels and focuses on teaching english through games and interactive methods that allow the students to improve their listening and speaking skills in a fun and friendly atmosphere





H.S.A continues School support program for the third month and supported many children so far. Throughout this period, the teachers have been using several alternative methods that help the students to understand and absorb the lessons easily in a non academic way. For the Arabic, English and Math classes, teachers have been using small boards instead of paper encouraging the students to write and to pay more attention to the teachers. Other activities included using children stories that are easy for children to read, interactive homework's, tests

After three months, the teachers have observed good improvement in some of the students in their ability to read and write in English and Arabic. They are also performing better in exams

The aims of the program are for the students to improve their educational level, create strong friendships between them and improve their self-confidence .





## Youth Initiatives:

Combating addiction on  
Internet and social networks



HSA implemented Norwegian-supported project at the end of last year, it called « Empowering youth participation and enhancing democratic practice through learning by doing initiatives ». Its aim is to promote youth participation in the community work and to improve youth leadership.



Five organizations participated in this project, including a group from HSA. Each of them had their own initiative, and the one from HSA was about " Combating addiction on Internet and social networks " . Volunteers from HSA provided many workshops in schools and recently they gave a workshop in " Saad Sayel school ". The goal was to increase awareness between the students and teach them how to use the Internet in good and healthy ways.



# Project Capoeira



For the second times, two capoeira sessions were given by " Martin ", a volunteer from Argentina . Capoeira is a Afro-Brazilian martial art that combines elements of dance, acrobatics, and music. With the help of volunteers and through interactive games, Martin taught the kids basic movements of capoeira, percussion and songs .

The children enjoyed discovering a form of arts/sports from such a different culture .

The sessions were really fun allow the children to do some sports while using their creativity.





## Workshop for children “ learning Dabkah Dance ”

H.S.A continues providing Dabke classes for children aged 9-12 years, every Thursday At 2:00 pm, after school in HSA center .

The classes are being delivered by the trainer “ Tala ” .

At the beginning, the children learned the basic of dabkh then they started creating some movements with their trainer and chose some songs that suited their movements .

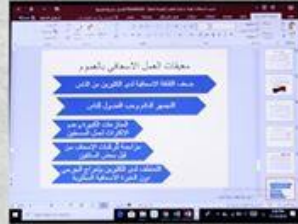
They did many shows in front of international delegations when they came to visit HSA. In December next month, they will perform at the “Voices of freedom ” show which will take place at the Gate cafe in Nablus .





# First Aid

## Workshop



First aid workshop was designed and delivered to reassure the youth and equip them with tools to assess emergency situations and to provide them with immediate first aid when accidents occur . It was divided into two sessions for 2 hours each, by " Ghaith Adham and Shadi Qotob " .

The first part was theoretical and second part was more practical. Fifteen participants attended the workshop that was taught in an interactive and participative way by two paramedical professionals. We believe that it is vitally important young people learn about these basic skills. Prompt and appropriate First Aid saves lives .

We thank the trainers for giving this this important workshop .

